

Learn effective techniques to discuss mental health and suicide ideation with adolescents in primary care setting.

ADOLESCENT SUICIDE RISK

At-Risk in Primary Care: Adolescents prepares healthcare providers to talk with adolescent patients about mental health concerns, address thoughts of suicide, and coordinate referrals for follow-up care. Providers practice screening an adolescent for depression and suicide using evidence-based tools, conducting a brief intervention, coordinating referrals to treatment, and using motivational interviewing.

CONTENTS & LEARNING GOALS

- Prevalence and consequences of adolescent mental health disorders
- Screening for adolescent mental health and suicide risk using evidence-based tools
- Warning signs and risk factors for mental health conditions in adolescents
- Motivational interviewing techniques and how to best use them when speaking with adolescents about mental health
- Coordinating referrals to specialist treatment and follow-up care

AT-RISK in PRIMARY CARE
■ Adolescents



Simulation Duration: 30 min
Curriculum Hours: 2.75 hrs
CE: 0.75 CME | 0.75 CNE | 1.0 NASW

CASE

NAME Justin Tapper	AGE 15	PRONOUNS he, him, his	Conversation Time: 20 min Conversation Skills Didactic: 10 min
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SCENARIO
Justin is presenting with chronic headaches for which no underlying physical cause is found. Screening shows possible depression and anxiety.

GOALS
Find the root cause of Justin’s headaches, and discuss the link between physical and mental health. Conduct a suicide risk assessment consistent with Zero Suicide guidelines.

Step 1
visit
kognitocampus.com

Step 2
create account
using enrollment key
okhealthcare

Step 3
launch
At Risk in Primary Care: Adolescents